



Thank you for your interest in our June 23-30, 2018, **Make Every Day A Painting in Provence Workshop** with French Escapade, owner and guide, Jackie Grandchamps. We look forward to seeing you in this treasured destination that we continue to return to time and time again. The scenery, architecture, flowers, lavender, shops, markets, dining and cultural highlights, are waiting for you to paint, enjoy, explore, and photograph. This will be a limited group with 2 instructors, our guide, and 10 students.

Included in this .pdf is a supply list, suggested packing list, and instructions on decorating your journal cover if you decide to paint it in advance or just cover with Daniel Smith Watercolor Ground. Some of you may choose to paint on single watercolor sheets, others in journals or both...whatever feels right for you.

Feel free to email us with any supply questions at: MakeEveryDayAPainting@yahoo.com

For tour/travel related questions contact Jackie at: 510-483-5713 or contact@frenchescapade.com

Happy painting,

Theresa Goesling & Cindy Briggs





Paint Provence 2018 Supply List

Thank you for signing up for our *Make Every Day A Painting in Provence Workshop*. Here is our list of suggested supplies. Just bring the basics that you may already have and add additional items if you'd like. **Pack Light!!!** The photo below is an example of a travel kit to make it super easy to take out for the day and/or select from the bullet point items shown below.

Most important items are in bold—similar alternatives are fine. - Cindy & Theresa, Make

Every Day A Painting Workshops, LLC teaming up with Jackie Grandchamps of French Escapade painting tours.

- **Watercolor Journal and or Single Sheets Watercolor Paper or Block.**

We suggest a **Watercolor Journal** with Arches or Fabriano with **140lb** cold press paper (size such as 7x10 or 10x14) If you prefer single sheet painting we like 140 lb Fabriano Extra White **Cold Press Block** (purple cover) or minimum 1/4 sheet of 22x30 300lb or 140 lb Fabriano Soft Press or Arches cold press per day, clip or tape to gator board. Bring a few pieces of scrap paper to practice mixing colors.



- **Brushes & Palette**

1/2" or 3/4" Flat watercolor brush with dagger end

Dynasty Black Gold Quill Brush 311 size 4 (www.TheBrushGuys.com)

3/4 Cat's Tongue

A covered watercolor palette with paint inserted & fully dry:

Such as Heritage Artist Palette 18 color wells (shown in photo)

MUD Mijello Bullet Proof Glass Palette 33 Wells

- **Water Bucket, Paper Towels, Mechanical Pencil .7 Kneaded Eraser**

- Masque pen by Chiddas & Rubber Cement Pick-up

- **Faber Castell Water-fast Artist Pen(s), Black** and/or Sienna fine/med. pt.

- **Glue Stick**, Paper for notes & value sketches, 1 sheet tracing paper

- Aquarellable Pencil by Stabillo

- Color Wheel (DS—the Color Wheel Company)

- **Mr. Clean Magic Eraser**—no soap version available at grocery stores.

- Optional stool/easel— you will often easily find a café table,

or bench & paint on your lap. en Plein Air Pro @(www.enpleinairpro.com)

- **Professional Quality Watercolors** Bring your palette as is and add colors as you see fit. Many of our basic colors are

standard and have different hue names by other makers such as Winsor Newton or Holbein. **Our Easy Travel & Journal Kit:**

Colors Included in the kit are in bold, colors listed in order we recommend in palette: **Titanium White (bring tube), Lemon Yellow, Naples Yellow, Quinacridone Gold, Yellow Ochre, Italian Burnt Sienna, Pyrrol Orange, Cadmium Red Scarlet Hue, Quinacridone Rose, Imperial Purple, French Ultra Marine, Phthalo Blue Green Shade, Magnesium Blue Hue, Cobalt Teal Blue. Diopside Green, Green Apatite Genuine, Rich Green Gold, Neutral Tint.** Extra Fun to Have

Very Optional Palette Colors: Select Daniel Smith Watercolors we may have in our 33 well bullet proof palette. Venetian Red, Lunar Earth, Cobalt Turquoise, Permanent Brown, Titanium Buff, Rose of Ultramarine, Manganese Violet, Malachite Genuine,

Phthalo Yellow Green, Cadmium Yellow Medium/Light, Cobalt Violet, Permanent Brown, Quinacridone Coral, Permanent Magenta, Sepia, Cadmium Orange, Special Colors for Provence: New Daniel Smith Lavendar, Wisteria & Lilac.

- Optional: Daniel Smith Watercolor Ground for decorated cover. Paint ground on cover—multiple layers with even coverage.

Dry for 2-3 days to cure. Design & paint before or after trip, then spray with archival varnish. See page 3.



Briggs & Goesling Sample Travel & Journal Kit

Remember to keep your supplies simple and easy to carry. You don't need much for plein air painting. An easel and/or stool is optional. Check with French Escapade for possible stool or chair provided. We often find locations with benches or ledges to sit on.

Student discounts may apply if you go to into the Daniel Smith Store. Just say you are a student of ours. Or for large orders email jodi.steele@danielsmith.com and she can arrange discount and shipping.

Questions? Contact Theresa 425-802-3487 or Cindy 541-420-9463

www.MakeEveryDayAPainting.com email: MakeEveryDayAPainting@yahoo.com



Paint Provence

2018 Packing List

This suggested list is to assist you with packing for your upcoming Paint Provence tour.

Check with your airline prior to traveling regarding up to date carry on and weight restrictions.

In Carry-on Bag:

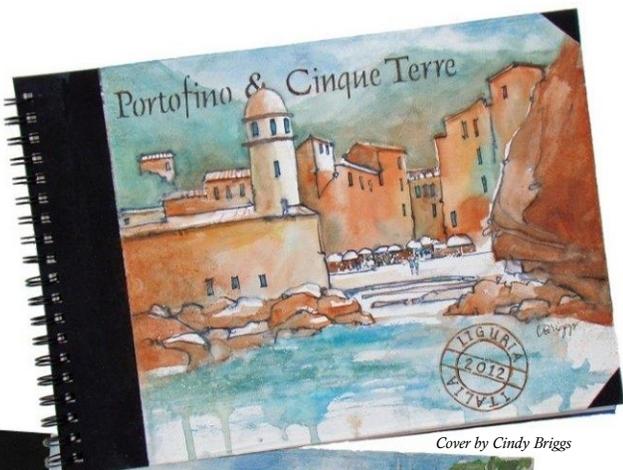
- **Passport/Identification**
- **2 credit cards and 2 debit cards** (It's a good to have backups. Notify your bank before departure)
- **Trip Insurance Information—we suggest Travel Guard if you are flying long distance.**
- **Clothes for 1 day, in case your luggage is delayed or lost.**
- **Filled Watercolor Palette** (Load paint at least a week ahead of time to insure it is DRY)
- **Favorite watercolor brushes**
- **Watercolor Sketchbook & or block**
- **Camera & Cell Phone - batteries, cords, memory Cards,**
- **Personal Toiletries** (note airline restrictions)
- **Mini Flashlight** (Always smart to carry one when traveling)
- **Vitamins, Prescriptions, Sleeping medication** —preventative medicine. Your doctor may provide prescriptions for antibiotics in case of sinus infection or other issues you may experience while traveling. If you have any allergies it's wise to have medication available.
- **All French Escapade Numbers and travel information—if you miss the pickup bus review Jackie's provided backup plan.**

In Suitcase: (Current weight limit is 50 lbs, check your airline for restrictions)

- **Clothing:** June should be pretty warm in Provence, sometimes we have unpredictable weather so bring layers. Basics like Bermuda shorts, lightweight slacks, capris, skirt, t-shirts, fleece, comfortable walking shoes. Sandels. Resort wear and dressy casual clothing is nice for evenings.
- **Sunscreen, Hat, Bag to carry your art supplies**
- **Insect Repellant**
- **Ear plugs**
- **Reading materials** - Make Every Day A Painting Instruction Book available on our website.
- **Tube watercolor paint** (Titanium White Watercolor), any liquid supplies.
- **Extra painting supplies not included in your carry on bag, see art supply list**

Don't worry, if your bags are delayed we will team up and help you with supplies, clothes are really fun to purchase at the Market in L'Sur la Sorgue, and Drug stores are in most all the villages we visit. When we are in Provence we are like a family...feel at ease and let's make the most of every day.

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Cover by Cindy Briggs

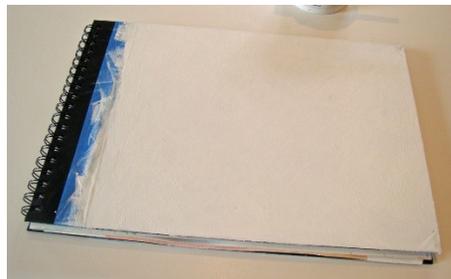
Apply Daniel Smith Watercolor Ground on a watercolor journal or sketchbook cover.

Tape over canvas edges. Apply watercolor ground direct from the container with a brush in either a uniform or random pattern. Random brushstrokes were used to create this varied texture. Plan on about 1/2 a container of watercolor ground to coat one journal cover.



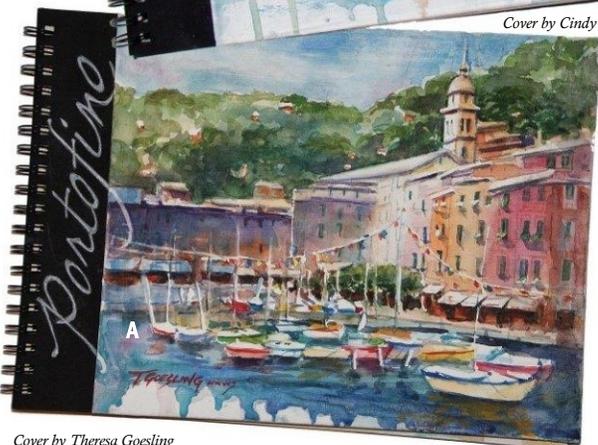
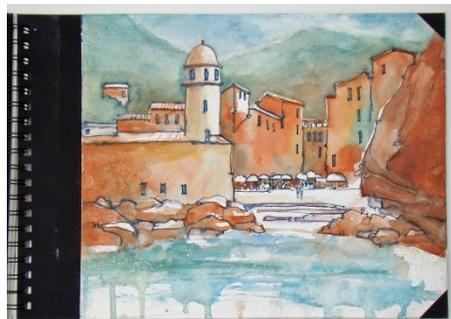
Use 2 to 3 coats of Daniel Smith Watercolor Ground for complete coverage.

Allow to cure 24 to 72 hours. If not cured—the white ground will lift up when brushed over with water. You may want to lightly sand the dry cured surface depending on your desired texture before painting.



Sketch and paint as you would on watercolor paper.

Hint—you can easily wipe off watercolor with a damp cloth, or paint another layer of watercolor ground on top if you aren't pleased with your work.



Cover by Theresa Goesting

"I have tried to do what is true and not ideal."
- Henri de Toulouse-Lautrec

Artful Journal Covers

Enrich your travel experience by designing your own artful travel journal cover using Daniel Smith Watercolor Ground on any art journal cover or hard cover sketchbook.

Design and paint your cover before or after your trip capturing your impression of a scene.

Tools used in this demonstration include an Arches Watercolor Book size 10x14, sponge brush, masking tape, Elegant Writer Black 2.0 fine pen for wet-in-wet calligraphic line work, Dark Brown Faber Castell-Brush Pen for permanent lettering, watercolors, mesh screen and Golden Archival Spray Varnish. *cb*

Typography & Splatter

Typography was planned out on a separate sheet of paper with a stencil before deciding on final placement. For splatter try using a mesh screen or plastic embroidery square—paint some wet China White on top and blow through to create a splatter effect.



Finesse & Spray Varnish

Once the typography is added you could also include a mail stamp design to signify the year and location. When your design is completed, spray varnish with Golden Archival Varnish using 3 coats satin or 2 coats glossy and 1 coat matte to protect your cover.

